

JUNE 2025

HUI NO KE  OLA PONO

SIMPLY HEALTHY CAFE



DAILY SPECIAL \$10.00

INCLUDES:

- STARCH
- VEGGIE/SALAD
- FRUIT


POI \$6.00 HALF LB.

AVAILABLE TUES. & THURS.

HOURS OF OPERATION

MONDAY - FRIDAY

11AM - 1PM

 808-442-6816

 WWW.HNKOP.ORG

 @HUINOKEOLAPONO

CONSUMING RAW OR UNDERCOOKED FOODS
CAN INCREASE THE RISK OF ILLNESS

 = ORNISH FRIENDLY

PŌ'AKAHI MON	PŌ'ALUA TUES	PŌ'AKOLU WED	PŌ'AHĀ THUR	PŌ'ALIMA FRI
2 SHOYU CHICKEN BRWN RICE ASIAN CUCUMBER SALAD	3 BAKED SPAGHETTI MIXED GREENS & DRESSING	4 CLOSED	5 BAKED CHKN KATSU BRWN RICE VEGGIE CURRY	6 KALUA PORK SLIDERS SHREDDED CABBAGE + CARROTS MIXED GREENS & DRESSING
9 BEEF LŪ'AU BRWN RICE LOMI TOMATO OVER MIXED GREENS	10 SPINACH MUSHRM LASAGNA MIXED GREENS & DRESSING	11 LĀ NUI CLOSED	12 CHKN SPINACH PHYLLO WRAP RSTD SWEET POTATO MIXED GREENS & DRESSING	13 TURKEY CHILI BRWN RICE STEAMED VEGGIES
16 KALUA PRK N CABBAGE BRWN RICE STEAMED VEGGIES	17 KALO BURGER SANDWICH THINS CLASSIC COLESAW	18 ITALIAN CHKN NOODLES & ZOODLES MIXED GREENS & DRESSING	19 TUNA MAKI SUSHI MISO SOUP MIXED GREENS & DRESSING	20 CLOSED
23 TURKEY PATTY W/ GRAVY BRWN RICE STEAMED VEGGIES	24 MISO RSTD TOFU & VEGGIES BRWN RICE MIXED GREENS & DRESSING	25 BEEF STEW BRWN RICE GARLIC GREEN BEANS	26 MEDITERRANEAN CHKN LEMON GARLIC POTATOES MIXED GREENS & DRESSING	27 BAKED SALMON BRWN RICE ASIAN COLESLAW
30 CHKN TOFU WATERCRESS BRWN RICE STEAMED VEGGIES				