

PEPELUALI/FEBRUARY

HUI NO KE  OLA PONO
SIMPLY HEALTHY CAFE



DAILY SPECIAL \$12.00

INCLUDES:

- STARCH
- VEGGIE/SALAD
- FRUIT

POI \$7.00 HALF LB.

AVAILABLE TUES. & THURS.

HOURS OF OPERATION

MONDAY - FRIDAY

11AM - 1:30PM

 808-442-6816

 WWW.HNKOP.ORG

 @HUINOKEOLAPONO

CONSUMING RAW OR UNDERCOOKED FOODS
CAN INCREASE THE RISK OF ILLNESS

LĀ NUI = HOLIDAY

**PŌ'AKAHI
MON**

2 BEEF BROCCOLI
BROWN RICE
MIXED GREENS +
DRESSING

**PŌ'ALUA
TUES**

3 SHOYU CHICKEN
BROWN RICE
STEAMED VEGGIES

**PŌ'AKOLU
WED**

4 TURKEY PATTY
WITH GRAVY +
SAUTEED ONIONS
BROWN RICE +
CORN

**PŌ'AHĀ
THUR**

5 CHICKEN LŪA'U
BROWN RICE
LOMI SALMON

**PŌ'ALIMA
FRI**

6 'UALA BEEF STEW
BROWN RICE
MIXED GREENS

9 PORK & PUMPKIN
BROWN RICE
MISO RSTD VEGGIES

10 CHOW FUN W/
GROUND BEEF
MIXED GREENS

11 KALUA PORK N
CABBAGE
BROWN RICE
STEAMED VEGGIES

12 BAKED SPAGHETTI
MIXED GREENS +
DRESSING

13 MEATLOAF
BROWN RICE
MIXED GREENS

16 CLOSED
LĀ NUI

17 PORK TOFU +
BOK CHOY
BROWN RICE
MIXED GREENS +
DRESSING

18 'ULU CHCKN BURGER
ON A KALO BUN
CARAMELIZED
ONIONS W/ TOMATO
& LETTUCE

19 PULLED PORK
BURRITO BOWL
ELOTE
SOURCREAM
DRESSING

20 NO LUNCH
\$7 BREAKFAST-
FRIED RICE, EGGS
& REGULAR BACON
9:00AM - S/O

23 PORK N PEAS
BROWN RICE
MIXED GREENS +
DRESSIN

24 BAKED CHICKEN
BROWN RICE
MISO RSTD VEGGIES

25 BAKED SALMON
BROWN RICE
MIXED GREENS

26 CHICKEN LONG RICE
BROWN RICE
MIXED VEGGIES

27 ROAST PORK N
GRAVY
MASH POTATOES
CORN + VEGGIES