

APELILA/APRIL

HUI NO KE  OLA PONO
SIMPLY HEALTHY CAFE



DAILY SPECIAL \$12.00

INCLUDES:

- STARCH
- VEGGIE/SALAD
- FRUIT


POI \$7.00 HALF LB.

AVAILABLE TUES. & THURS.


HOURS OF OPERATION

MONDAY - FRIDAY

11AM - 1:30PM

 808-442-6816

 WWW.HNKOP.ORG

 @HUINOKEOLAPONO

CONSUMING RAW OR UNDERCOOKED FOODS
CAN INCREASE THE RISK OF ILLNESS

LĀ NUI = HOLIDAY

PŌ'AKAHI MON	PŌ'ALUA TUES	PŌ'AKOLU WED	PŌ'AHĀ THUR	PŌ'ALIMA FRI
		1 'UALA BEEF STEW BROWN RICE MIXED GREENS	2 HONEY MUSTARD CHKN & PASTA BROWN RICE STEAMED VEGGIES	3 CLOSED LĀ NUI
6 CHICKEN LU'AU BROWN RICE STEAMED VEGGIES	7 CHOW FUN MIXED GREENS	8 MEATLOAF BROWN RICE GARLIC ROASTED VEGGIES	9 PORK, TOFU & BOK CHOY BROWN RICE MIXED GREENS	10 KALO BURGER ON A KALO BUN + LTO BAKED 'UALA FRIES
13 SHOYU CHICKEN BROWN RICE STEAMED VEGGIES	14 BEEF LŪ'AU BROWN RICE LOMI SALMON	15 BAKED CHKN KATSU BROWN RICE STEAMED VEGGIES	16 BAKED SALMON BROWN RICE MISO ZUCHINNI	17 NO LUNCH BREAKFAST 9AM - S/O
20 PORK & PEAS BROWN RICE MIXED GREENS	21 BAKED SPAGHETTI GARLIC BREAD MIXED GREENS	22 'ULU CHICKEN BURGER + LTO GARLIC AIOLI RSTD 'UALA	23 BEEF BROCCOLI BROWN RICE MIXED GREENS	24 KALUA PORK SLIDERS CLASSIC COLESLAW
27 CHOPPED STEAK BROWN RICE GARLIC GREEN BEANS	28 PARM CRUSTED CHICKEN NOODLES & ITALIAN SAUCE MIXED GREENS	29 CHILI BROWN RICE MIXED GREENS	30 MEDITERRANEAN CHICKEN BROWN RICE STIR FRIED CARROTS	05/01 CHICKEN & 'UALA LAULAU BROWN RICE LOMI SALMON