

# MEI/MAY



**DAILY SPECIAL \$12.00**

INCLUDES:

- STARCH
- VEGGIE/SALAD
- FRUIT


**POI \$7.00 HALF LB.**

AVAILABLE TUES. & THURS.


**HOURS OF OPERATION**

MONDAY - FRIDAY

11AM - 1:30PM

 808-442-6816

 [WWW.HNKOP.ORG](http://WWW.HNKOP.ORG)

 @HUINOKEOLAPONO

CONSUMING RAW OR UNDERCOOKED FOODS  
CAN INCREASE THE RISK OF ILLNESS

**LĀ NUI = HOLIDAY**

PŌ'AKAHI MON	PŌ'ALUA TUES	PŌ'AKOLU WED	PŌ'AHĀ THUR	PŌ'ALIMA FRI
				<b>1</b> CHICKEN & 'UALA LAULAU BROWN RICE LOMI SALMON
<b>4</b> KALUA PORK & CABBAGE BROWN RICE STEAMED VEGGIES	<b>5</b> MEATLOAF BROWN RICE GARLIC ROASTED VEGGIES	<b>6</b> CHICKEN & SPINACH PHYLLO WRAP MISO RSTD VEGGIES TZATZIKI SAUCE	<b>7</b> ROAST PORK + GRAVY MASHED POTATOES CORN+VEGGIES	<b>8</b> HONEY MUSTARD CHKN BROWN RICE CARROT STIR FRY
<b>11</b> CHICKEN LONG RICE BROWN RICE MIXED GREENS	<b>12</b> CHOPPED STEAK BROWN RICE STEAMED VEGGIES	<b>13</b> BAKED CHKN KATSU BROWN RICE STEAMED VEGGIES	<b>14</b> BURRITO BOWL SOURCREAM DRESSING AVOCADO	<b>15</b> PORK & PUMPKIN BROWN RICE MISO RSTD VEGGIES
<b>18</b> PORK & PEAS BROWN RICE MIXED GREENS	<b>19</b> BAKED SPAGHETTI GARLIC BREAD MIXED GREENS	<b>20</b> PORK STIR FRY W/ STRING BEANS & TOFU BROWN RICE MIXED GREENS	<b>21</b> BEEF BROCCOLI BROWN RICE MIXED GREENS	<b>22</b> NO LUNCH BREAKFAST 9AM - S/O
<b>25</b> CLOSED LĀ NUI	<b>26</b> PORK, & BOK CHOY BROWN RICE MIXED GREENS	<b>27</b> TURKEY PATTY + GRAVY MASHED POTATOS GARLIC GREEN BEANS	<b>28</b> 'UALA BEEF STEW BROWN RICE MIXED GREENS	<b>29</b> CHOW FUN MISO ZUCHINNI